

Flunafeb 5 Tablet

Flunarizine 5mg Tablet Information

Generic Name: Flunarizine

Strength: 5mg

Form: Tablet

Therapeutic Class: Selective Calcium Channel Blocker

Description

Flunarizine is a selective calcium channel blocker with additional antihistaminic and vasodilatory properties. It is commonly used for the prevention of migraines and the management of vestibular disorders. By reducing intracellular calcium overload, it helps stabilize neuronal and vascular activity, preventing excessive excitation.

Indications

Flunarizine 5mg tablets are indicated for:

- **Migraine Prophylaxis:** Prevention of migraine attacks in patients with frequent episodes.
- **Vestibular Disorders:** Management of vertigo, dizziness, or balance disorders associated with vestibular dysfunction.
- **Adjunctive Therapy:** Used in certain cases of cerebrovascular insufficiency.

Dosage and Administration

- **Migraine Prophylaxis:**
 - **Adults:** 5mg daily, preferably at bedtime.
 - **Elderly:** Start with 5mg every other day to minimize sedation.
- **Vestibular Disorders:**
 - 5mg once daily, adjusted based on clinical response.

Duration of Treatment:

- Evaluate the response after 6-8 weeks. Discontinue if no improvement is observed.
 - Long-term use should not exceed 6 months without reassessment by a healthcare provider.
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Contraindications

- Hypersensitivity to flunarizine or its components.
 - Patients with a history of depression, parkinsonism, or other extrapyramidal disorders.
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Precautions

- **Sedation:** May cause drowsiness; avoid driving or operating heavy machinery until the effects are known.
- **Weight Gain:** Monitor weight during prolonged use.

- **Extrapyramidal Symptoms:** Long-term use may lead to tremors, rigidity, or other motor disturbances.
 - **Depression:** Discontinue if signs of depression develop.
 - Use cautiously in patients with liver impairment or epilepsy.
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Side Effects

Common side effects:

- **Fatigue**
- **Drowsiness**
- **Increased appetite or weight gain**
- **Dry mouth**

Rare but serious side effects:

- **Depression**
 - **Tremors, rigidity, or other extrapyramidal symptoms**
 - **Gastrointestinal upset**
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Drug Interactions

- **Enhanced sedative effects with alcohol or other CNS depressants.**
 - **Use with caution alongside antihypertensive or other calcium channel blockers to avoid excessive hypotension.**
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Storage Instructions

- **Store in a cool, dry place below 30°C.**
 - **Protect from moisture and direct sunlight.**
 - **Keep out of reach of children.**
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Additional Notes

- **Flunarizine is not suitable for treating acute migraine attacks but is effective for prevention.**
- **Periodic evaluation is necessary to assess the need for continued therapy.**
- **Report any signs of depression or unusual motor symptoms to your healthcare provider promptly.**

Always use under the supervision of a healthcare professional.

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